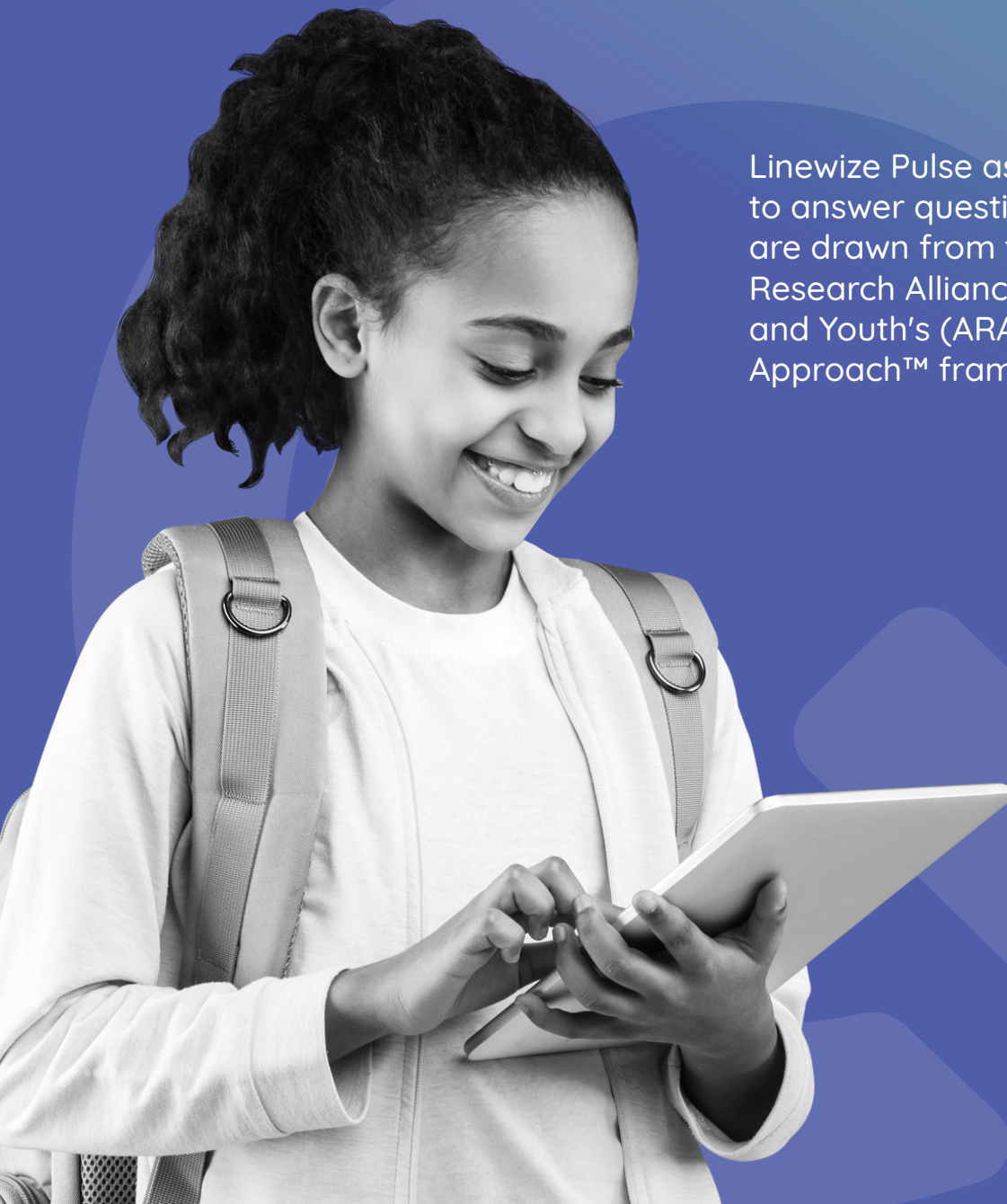


# Pulse for Primary Students ARACY Question Set

Linewize Pulse asks students to answer questions which are drawn from the Australian Research Alliance for Children and Youth's (ARACY) Common Approach™ framework.



# Introduction

The Common Approach™ framework was selected based on its **evidentiary base and track record of use in Australian Schools.**



Data is collected from students and organised within six areas of wellbeing: Valued & Safe, Healthy, Material Basics, Learning, Participating, and Positive Sense of Identity and Culture.

To assist the school in interpreting and understanding the data that will be collected, this document provides the comprehensive list of questions, and the areas under which they are grouped in the Pulse application.

We ask that you do not distribute this list of questions beyond your school community.

## Valued and Safe

How valued and safe a student feels within the school environment.

Category	Question
Connectedness To School Adults	I can go to a teacher if I am upset.
Connectedness To School Adults	Adults in my school care for me.
Connectedness To School Adults	I can trust adults in my school.
Home Climate	I am safe at home.
Home Climate	I like being at home.
Home Climate	My family loves me.
School Climate	People care about each other in this school.
School Climate	I am safe at school.
School Climate	People at my school care for the environment.
School Climate	I like to play in the playground.
School Climate	Teachers and students treat each other kindly.
School Climate	I can get help at school if I need it.
School Climate	I am happy at school.

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Category	Question
Bullying	At school, do other children try to upset you or treat you badly?
Bullying	Are people mean to you?
Safety	The playground is safe for me.
Safety	I can get help from adults if I need it.
Valued	I have friends at school.
Valued	I have adults who care about me.

## Learning

How a student learns within the school environment.

Category	Question
Emotional Engagement With Teachers	I like my teachers.
Emotional Engagement With Teachers	My teachers really listen to what I have to say.
Emotional Engagement With Teachers	If I need extra help, I will receive it from my teachers.
Emotional Engagement With Teachers	My teachers treat me the same as others.
Perseverance	I keep at my school work until I am done with it.
Perseverance	I work hard.
Perseverance	It is OK to make mistakes.
Perseverance	When I make mistakes, I try again.
Cognitive Engagement	I take care with my work.
Academic Self Concept	I am sure I can do my schoolwork.
Academic Self Concept	I can do a good job on my schoolwork.
Academic Self Concept	I like to learn at school.
Learning Practices	I can pay attention when I need to.
Learning Practices	I can remember what I learn in school.
Learning Practices	I can do the work my teacher gives me.
Learning Practices	I do my homework.

## Healthy

The overall physical, mental and emotional health of students.

Category	Question
Positive Emotions	I have a lot of fun.
Positive Emotions	I start the day happy.
Positive Emotions	My life is good.
Challenging Emotions	I feel unhappy.
Challenging Emotions	I feel that I do things wrong a lot.
Challenging Emotions	I worry a lot about things at home.
Challenging Emotions	I worry a lot about things at school.
Challenging Emotions	I worry a lot about mistakes that I make.
General Health	I am healthy
General Health	Do you go to the doctor when you need to?
Physical Activity	I like to play outdoors.
Physical Activity	Do you play in nature (park, bush, beach)?
Physical Activity	I like to move my body (run, dance, climb, play sports).
Health Problems	If I feel unwell, I know who to speak to.

## Participating

How a student participates in the activities and relationships around them.

Category	Question
Connectedness To Home Adults	If I am worried I can talk to an adult at home.
Connectedness To Home Adults	At home, I have adults who care about me.
Friendship Intimacy	I have a friend I can tell everything to.
Friendship Intimacy	I play with my friends.
Motivation To Achieve Goals	I try to do my best.
Organised Activities	Do you do any activities outside of school (sport, art, craft, music)?
Agency	I get to make choices at school.
Agency	I get to speak up and make choices at home.

## Positive Sense of Identity and Culture

How a student feels they belong within the school academic and social environment, and the expectations they perceive to be placed on them.

Category	Question
School Belonging	I fit in at this school.
Peer Belonging	I have a group of friends.
Peer Belonging	I fit in with other kids around me.
Peer Belonging	Are you lonely?
Expectations For Success	I can pay attention when I need to.
Sense Of Identity	I can remember what I learn in school.
Sense Of Identity	I can do the work my teacher gives me.
Sense Of Identity	I do my homework.
Sense Of Identity	I am liked at school because I am me.
Sense Of Identity	I am loved at home because I am me.

## Material Basics

The basic parts of life that contribute to an overall well-rounded individual.

Category	Question
Access to Necessities	I have the things I need to be healthy.
Access to Necessities	I have the things I need for school (uniforms, equipment, etc).
Home Environment	I have somewhere warm and safe to sleep.
Home Environment	I have a place where I can do my homework.
Home Environment	I have a place where I can do my homework.
Home Environment	I have space for my things at home.
Nutrition	I try to eat healthy food.



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Linewize is part of Qoria, a global technology company, dedicated to keeping children safe and well in their digital lives. We harness the power of connection to close the gaps that children fall through, and to seamlessly support them on all sides - at school, at home and everywhere in between.

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